

Caring for Cardiac Arrest — Drowning

CPR and AED — Adult

Student Name _____ Class Date _____

Adult Scenario — You are a resort employee checking on a report of someone struggling to swim in a nearby lake. As you approach the lake you can see a man in wet clothes lying motionless on the ground near the water. There are bystanders, but no care is being provided. You have disposable gloves and a CPR mask. An AED is located nearby in the lobby of the resort.

Procedure	Student Action (Performance Criteria)	Instructor Prompt	Check Off
Scene Assessment	<ul style="list-style-type: none"> Pauses and assesses scene for safety. 	<i>Scene is safe!</i>	<input type="checkbox"/>
Standard Precautions	<ul style="list-style-type: none"> Uses disposable gloves (can be verbalized) 		<input type="checkbox"/>
Response Assessment	<ul style="list-style-type: none"> Taps or squeezes shoulder. Asks loudly, "Are you all right?" 	<i>There is no response!</i>	<input type="checkbox"/>
EMS Activation	<ul style="list-style-type: none"> Asks a bystander to activate EMS and get an AED. 		<input type="checkbox"/>
Breathing Assessment	<ul style="list-style-type: none"> Checks face and chest for 5-10 seconds for signs of breathing. 	<i>There is no breathing or only gasping!</i>	<input type="checkbox"/>
2 Initial Rescue Breaths	<ul style="list-style-type: none"> Establishes an open airway. Uses barrier device. Creates visible rise of chest, but no more. Ensures each breath is 1 second in length. Gives both breaths in less than 10 seconds. 		<input type="checkbox"/>
30 Chest Compressions	<ul style="list-style-type: none"> Positions two hands on lower breastbone. Uses upper body weight to compress. Compresses at least 2 inches. Compresses at a rate of 100-120 times per minute. Allows chest to fully recoil at top of compressions. 		<input type="checkbox"/>
2 Rescue Breaths	<ul style="list-style-type: none"> Gives both breaths in less than 10 seconds. 		<input type="checkbox"/>
Continued CPR	<ul style="list-style-type: none"> Repeats 30:2 CPR cycles. 	(Student needs to complete at least two 30:2 CPR cycles before indicating the arrival of an AED.) <i>AED Arrives!</i>	<input type="checkbox"/>
AED Attachment	<ul style="list-style-type: none"> Turns AED on. Bares chest. Applies pads as indicated by pictures on them. 		<input type="checkbox"/>

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Procedure	Student Action (Performance Criteria)	Instructor Prompt	Check Off
AED Analysis	<ul style="list-style-type: none"> Makes sure no one is touching person being analyzed. 	<i>(AED) Analyzing!</i>	<input type="checkbox"/>
Shock Delivery	<ul style="list-style-type: none"> Checks to make sure no one is in contact with person being shocked. Presses shock button. 	<i>(AED) Shock advised!</i> <i>(AED) Shock delivered!</i>	<input type="checkbox"/>
Resumption of CPR	<ul style="list-style-type: none"> Immediately resumes ongoing 30:2 CPR cycles, starting with compressions. 	(Student needs to complete at least 1 cycle of 30:2 CPR.)	<input type="checkbox"/>
End Evaluation			

Overall Performance *(check only one)*

- Checked Off: Met minimal competency as defined by the performance criteria
- Not Checked Off: Did not meet minimal competency as defined by the performance criteria

Signature of Instructor _____